



Blakedown CE Primary School

JOY SERVE ACHIEVE

PSHE – Intent, Implementation and Impact Statement

Intent

At Blakedown CE Primary School our PSHE & SRE coverage is a vital part of the school curriculum, enabling all children to flourish by providing them with both the knowledge and understanding about how to become healthy, safe, independent, respectful and responsible individuals who know how they can contribute to the world, and serve as a member of society. This can be demonstrated through the opportunities for them to serve on school councils to demonstrate how their voice can make an impact on others. They will recognise that they have similarities and differences to other people and that their individuality should be celebrated, they will identify with how they are 'fearfully and wonderfully made.' Psalm 139. Through PSHE lessons, they will be supported to understand how they are developing personally and socially, and sessions tackle many of the moral, social and cultural issues that are a part of growing up. At Blakedown we have high expectations of pupils' behaviour in terms of their learning and self-discipline and the PSHE curriculum teaches the children about responsibility for their decisions and actions. We believe that children's emotional wellbeing is paramount to their overall sense of joy and happiness and directly impacts their academic achievement. We promote a positive growth mindset, time to reflect and develop emotional literacy, build resilience and the tools to support them in this ever-changing world and so that they can believe in their own abilities to achieve and be the best version of themselves.

Implementation

PSHE is delivered implicitly across our curriculum as well as explicitly in weekly lessons. We have adopted the 'Jigsaw Mindful Approach' to PSHE, including statutory Relationships and Health Education, which meets every aspect of the statutory requirement of the PSHE and RSE National Curriculum. Jigsaw is a spiral, progressive scheme, giving the children relevant experiences to help them navigate their world and to develop positive relationships with themselves and others. However, our approach to PSHE is also dynamic to reflect the needs of our children and community at a particular time. Where issues arise, discrete lessons are taught to teach and support whenever needed. Topics are taught in an order to reflect the shape of the journey that the children go through each year, with a focus on themselves and different friendships near the start of the year, ending with an understanding of different relationships and how they are changing physically near the end of the year and with regards to coping with the feelings of change which includes transition to their next class or school. Each session starts with 'Calm me' time, where children are given mindfulness time, to think and to learn to breathe to release the feelings of tension and anxiety, along with positive words about themselves. Mindfulness time allows the children to advance their emotional awareness, concentration, focus and self-regulation. Key learning is shared through discussion and practical activities, new specific vocabulary is shared and explained to enable children to express themselves. Children learn to discuss and listen to each other, recognising that some people hold similar views whilst others hold a different point of view. Pictorial and animated resources are sometimes used to demonstrate and visualise the learning.

Impact

Pupils and staff further our aims by contributing towards a happy and caring environment and by showing respect for, and appreciation of one another as individuals. The culture and ethos of the school contribute positively to pupils' personal and emotional development. Children have the vocabulary to express themselves, seek help where needed and the ability to self-regulate. The curriculum promotes the acquisition of knowledge, skills and understanding, to enable children to make informed choices and decisions; to develop their own values and attitudes; and to challenge discrimination in any form. Children know how to stay safe in the real world and online and make positive decisions in regards to their behaviours towards others.