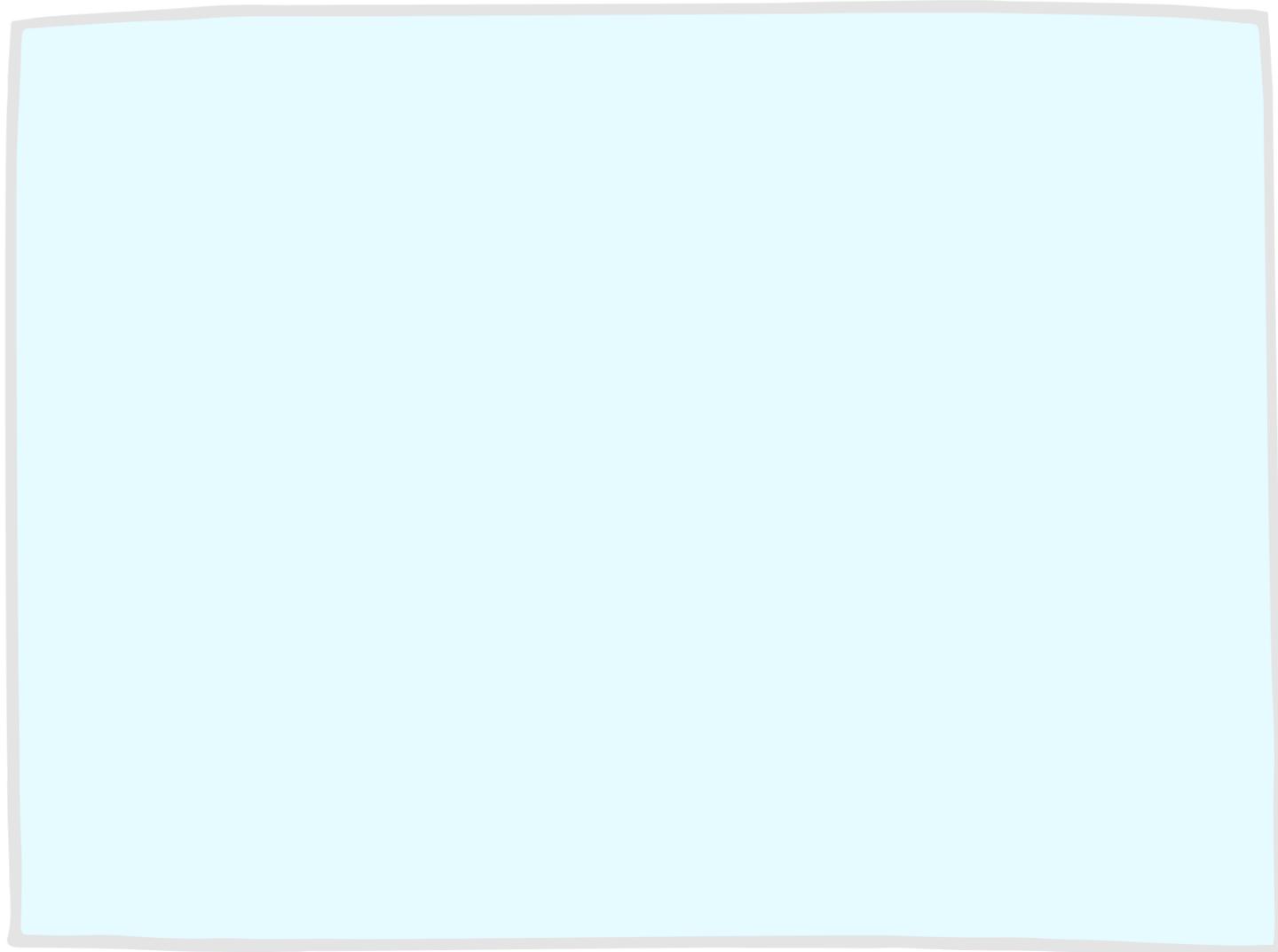
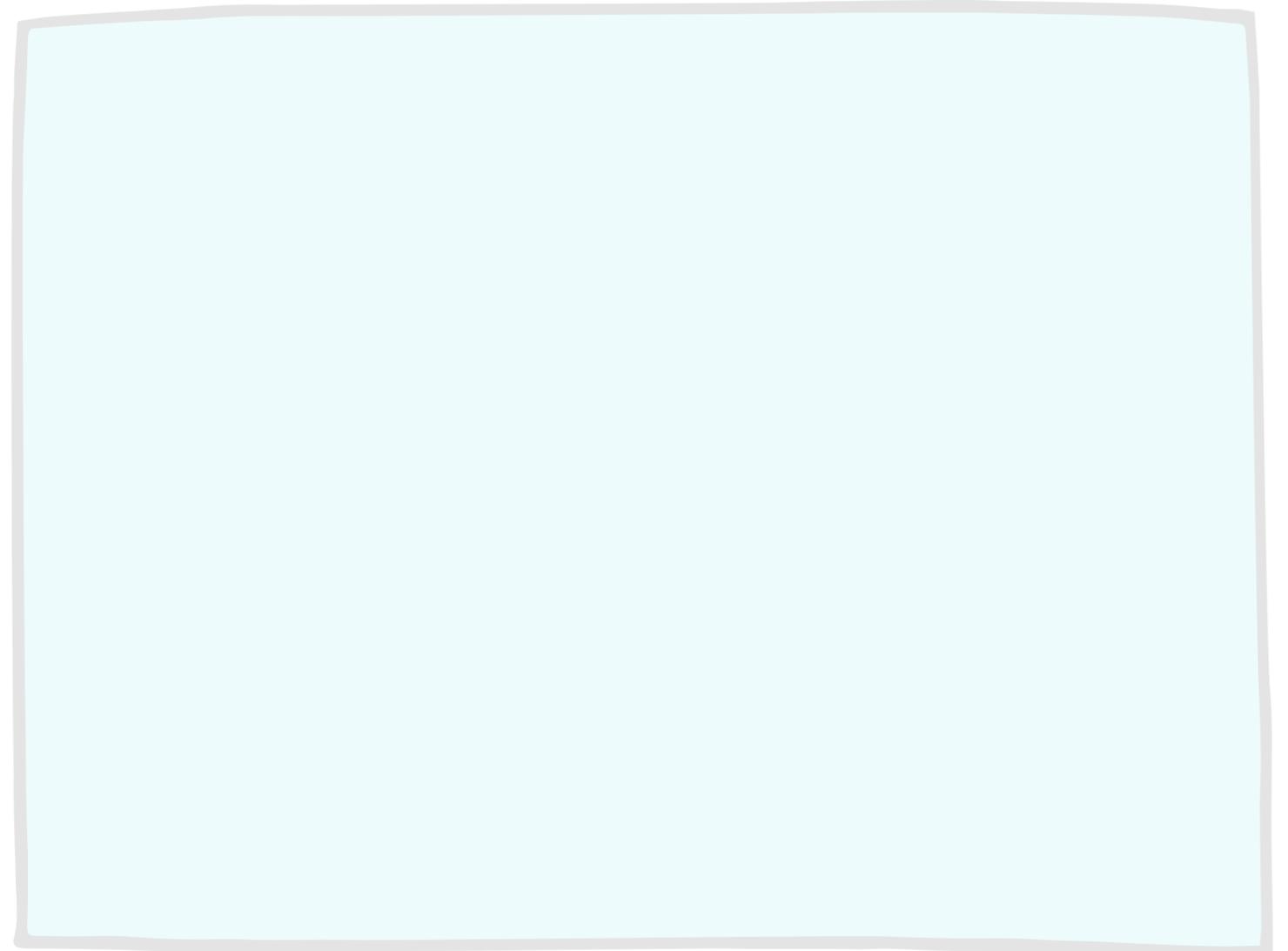


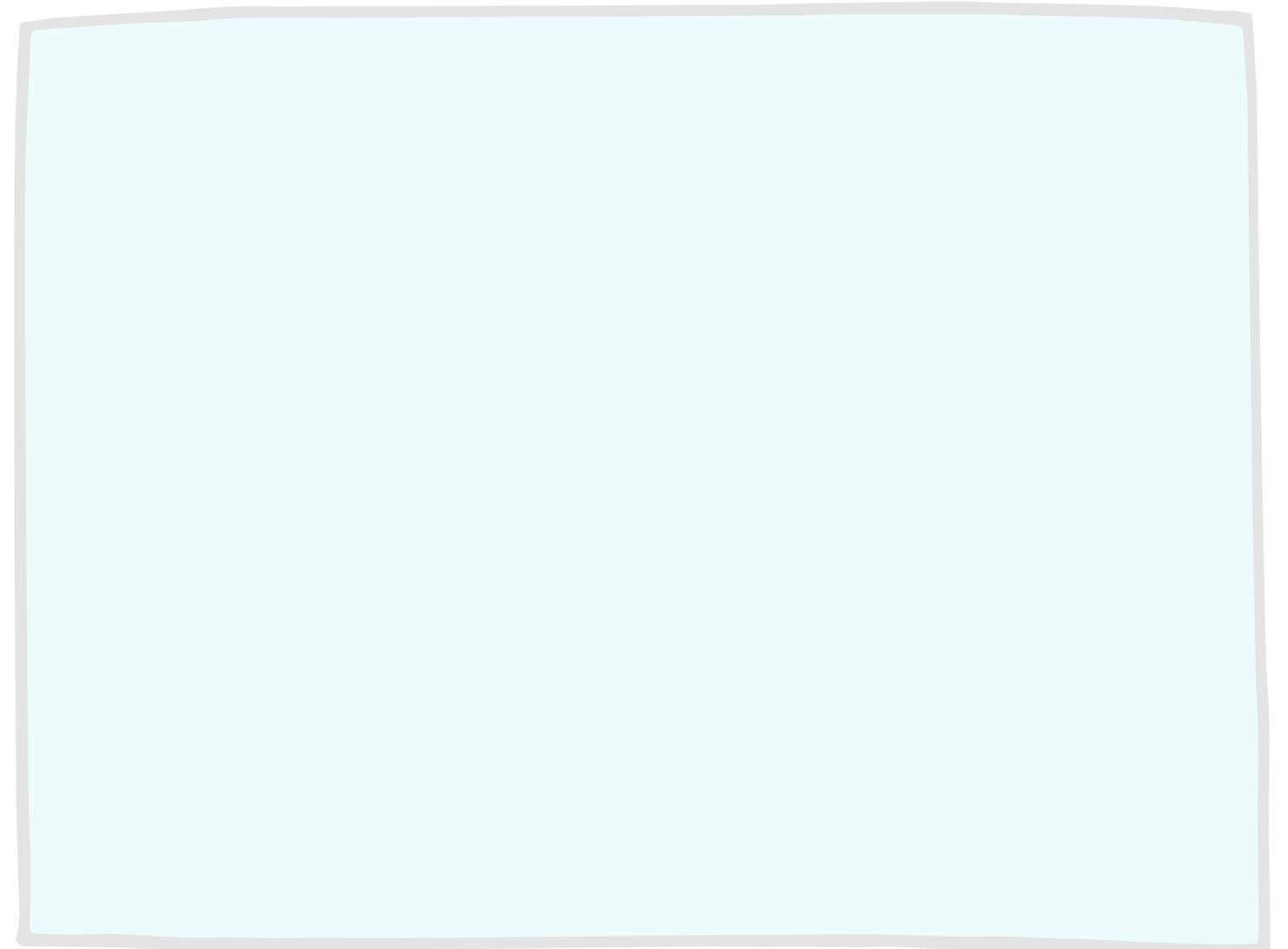
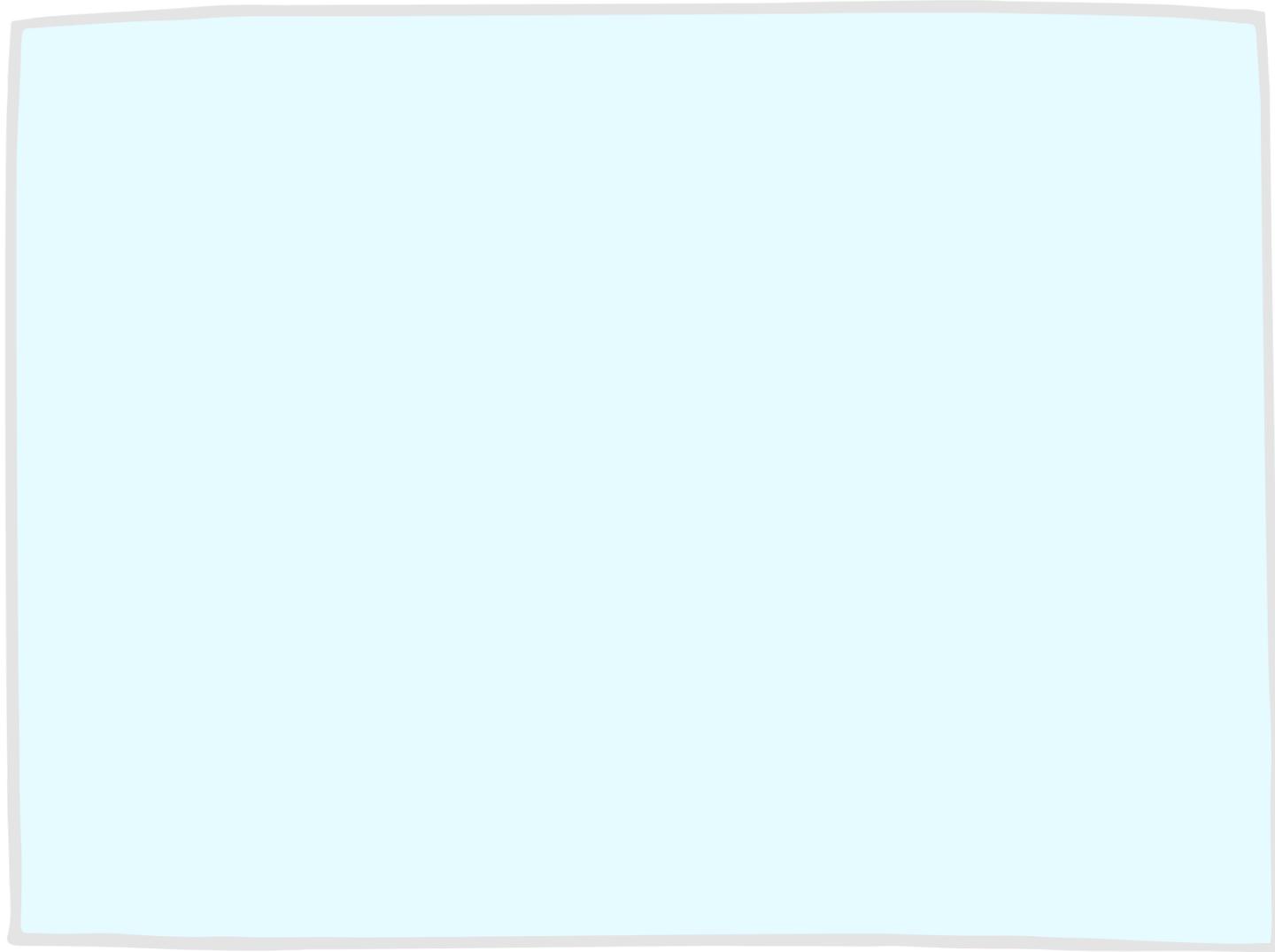
Now



Next



Make a Deal

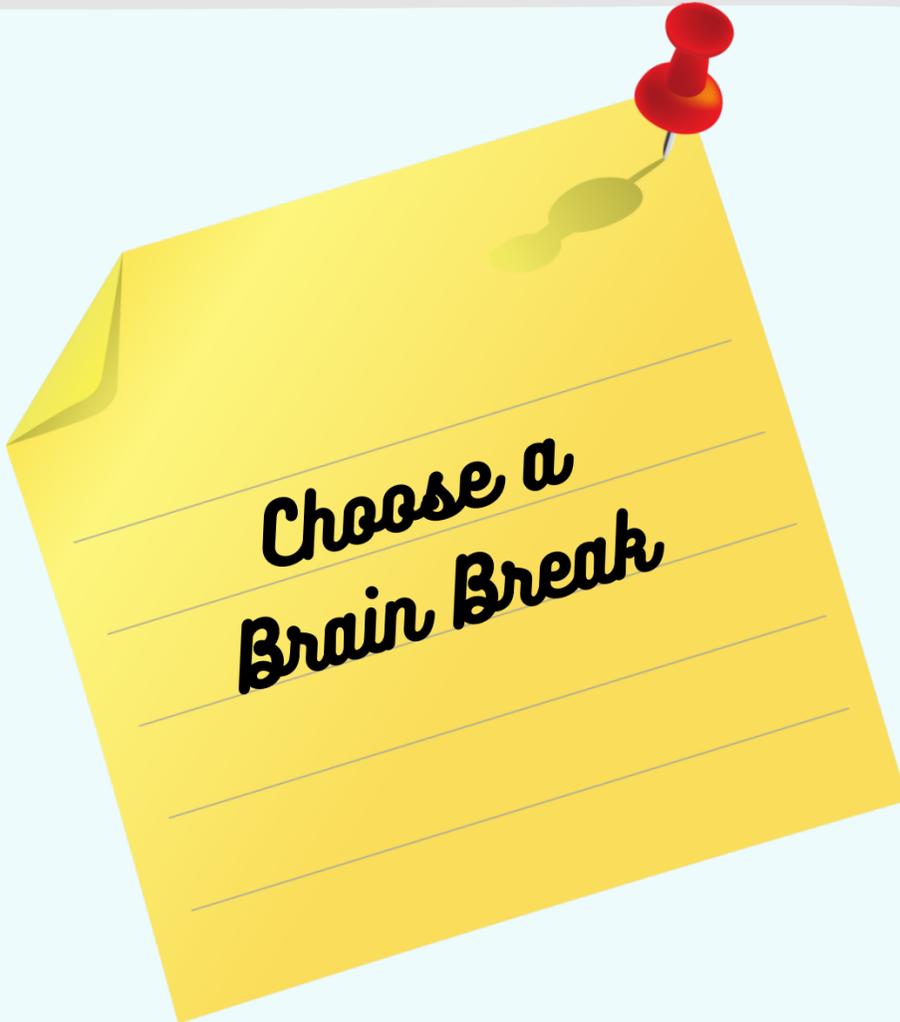


EXAMPLE

Make a Deal



Do maths activity



*Choose a
Brain Break*





Home Learning Timetable for _____



The Contented Child

WAKE UP
Morning


Lunch

Afternoon




Don't forget to drink!



Well Done! You have finished





The Contented Chik



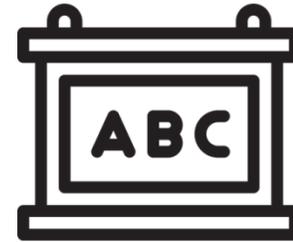
Maths



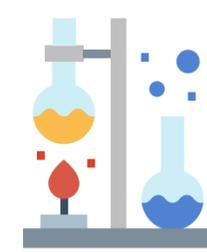
Reading



Literacy



Phonics



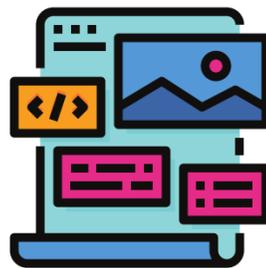
Science



History



Geography



Theme



PE



Dance



Screen-free



Zoom



Brain Break



Brain Break



Brain Break



Snack Time



Lunch

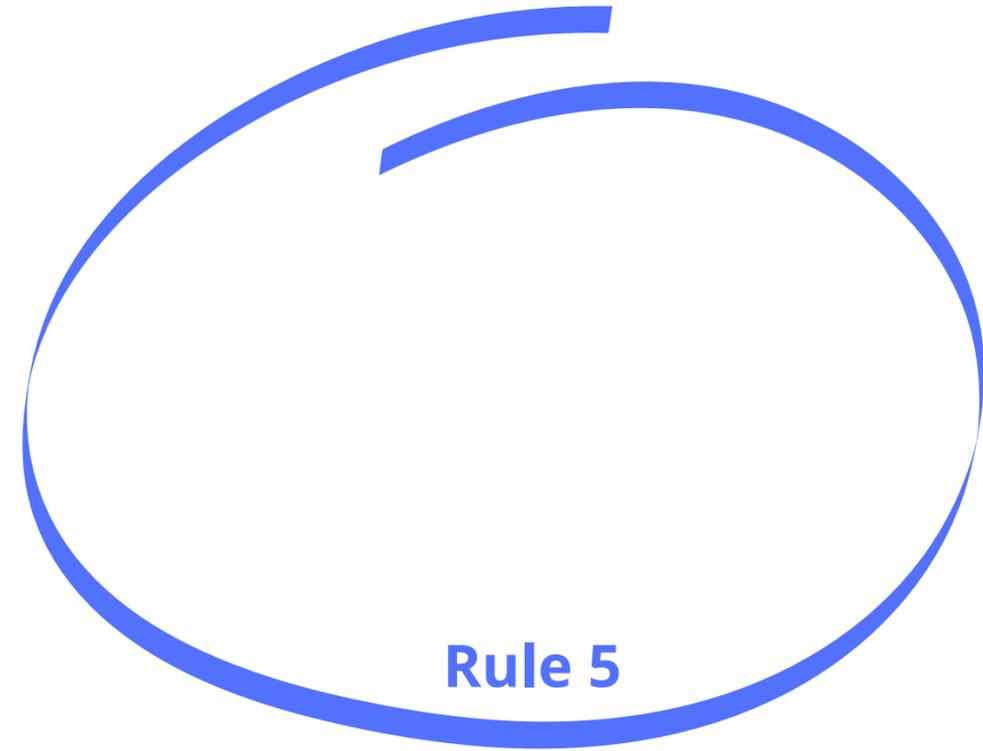
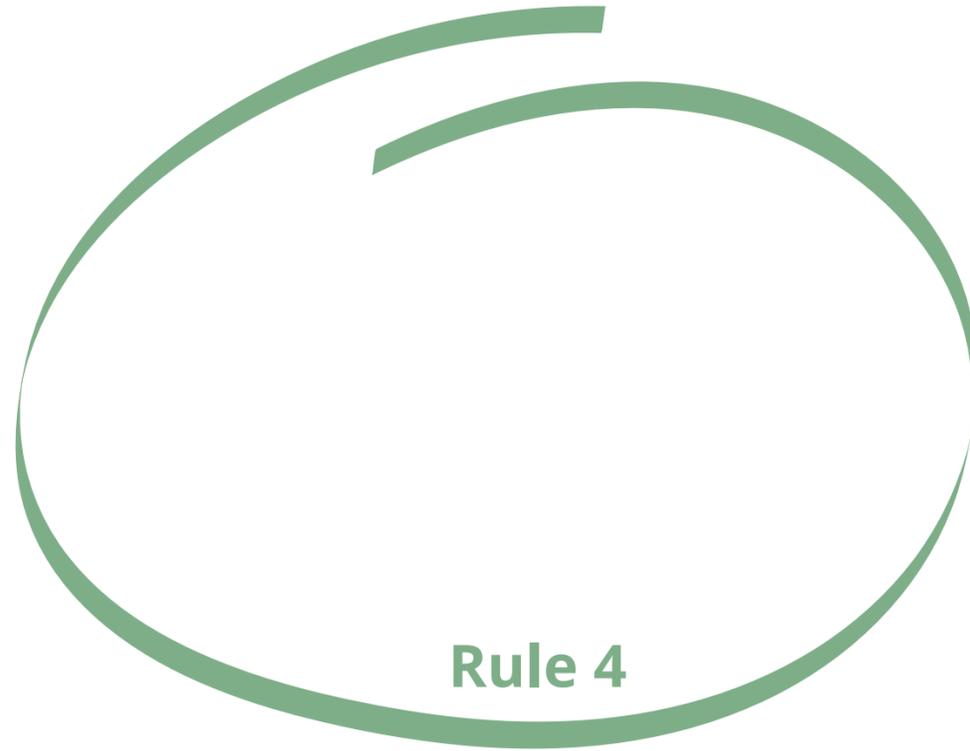
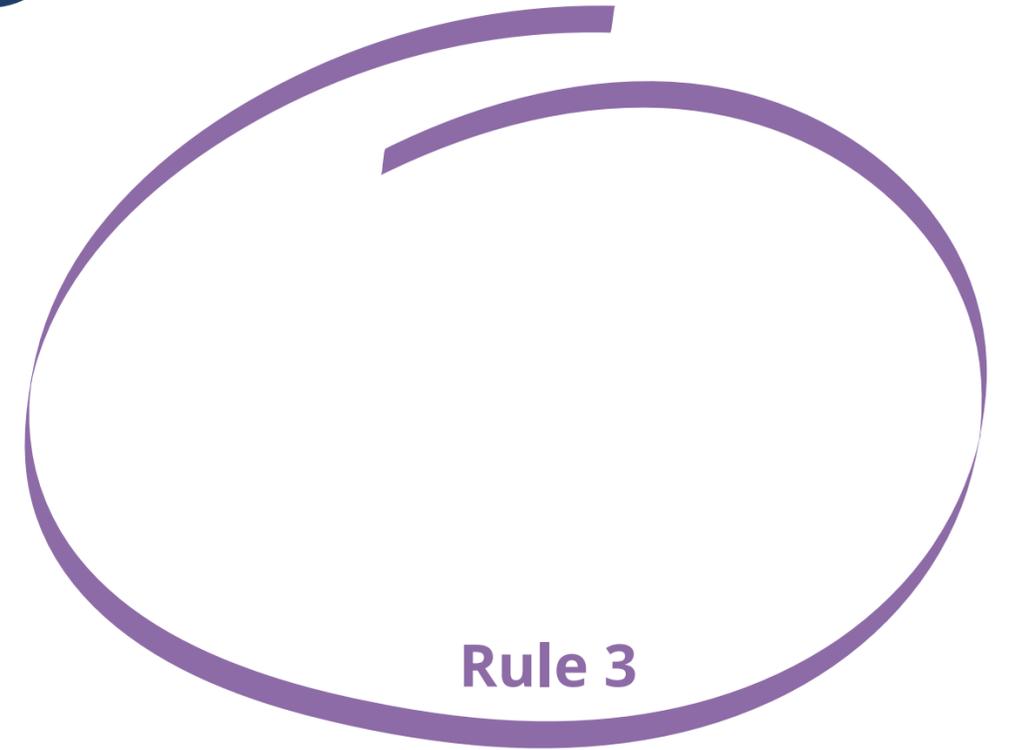
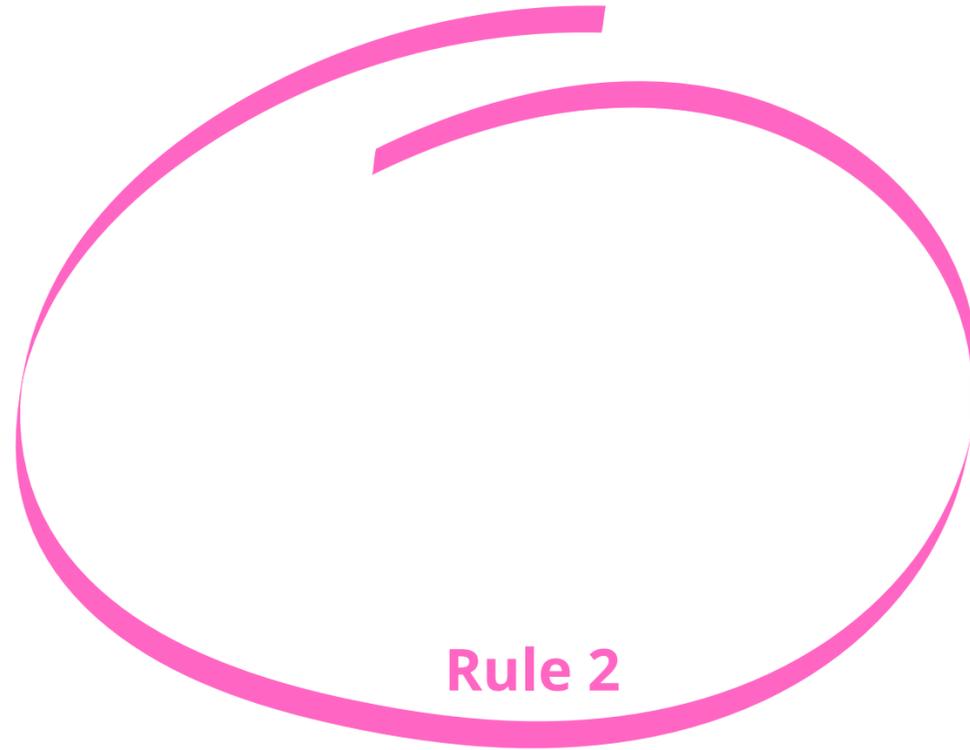
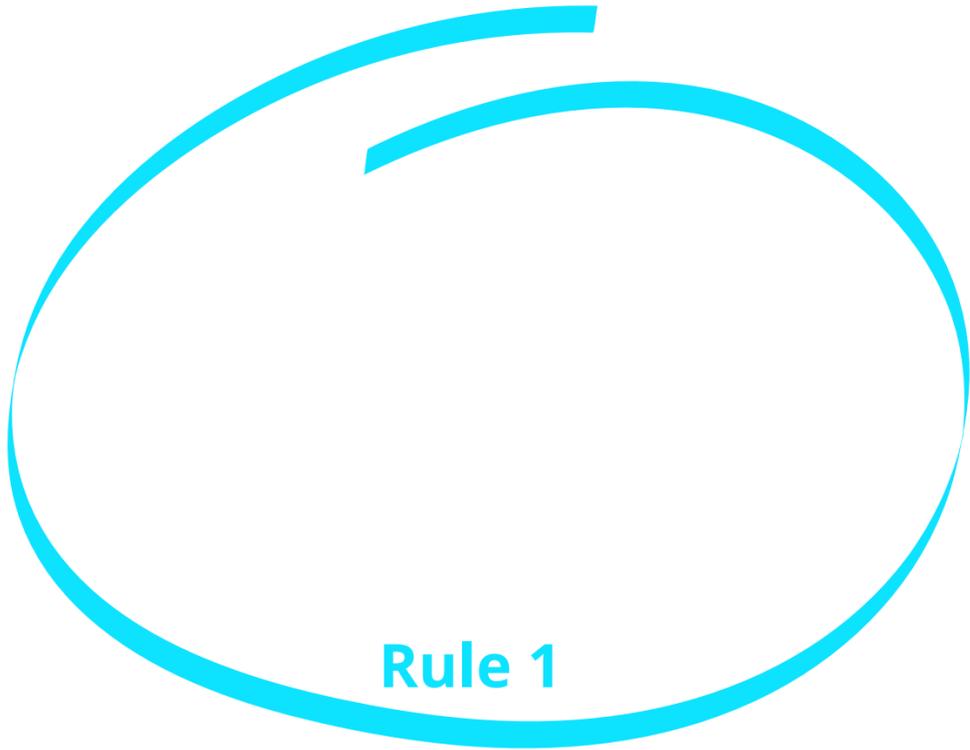


Finish

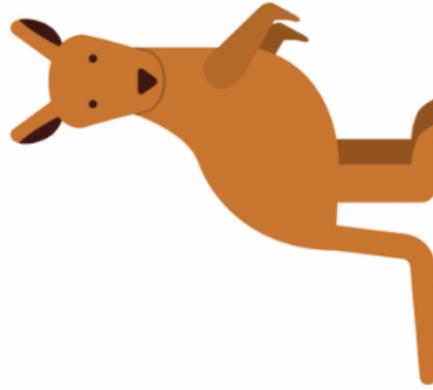


The Contented Child

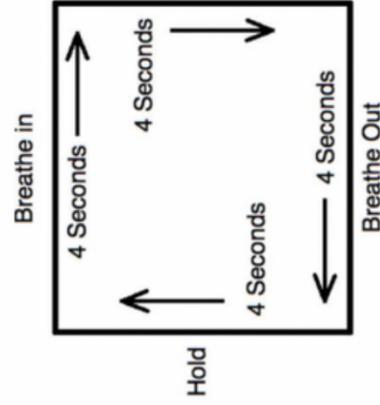
Home Learning Rules



Brain Break Cards



Do kangaroo
hops



Square
Breathing



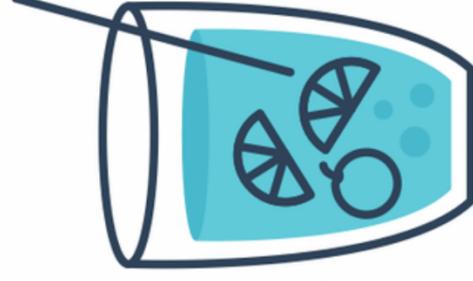
Do an
elephant stomp



Take a walk



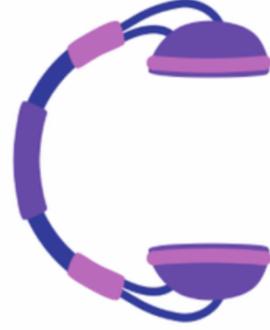
Tell a
joke



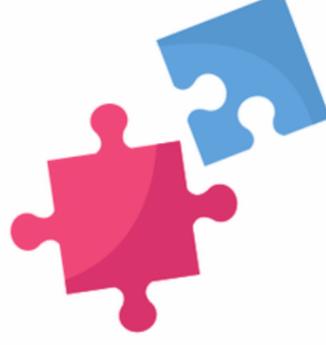
Have a drink



Have a hug



Listen to
music



Do a
puzzle

Brain Break Cards



Do side
bends



Figure of
8 breathing



Push against
the wall



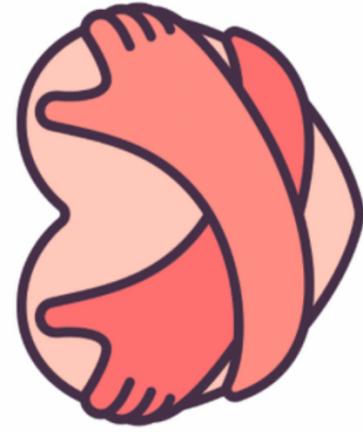
Think of 3
Good Things



Relax



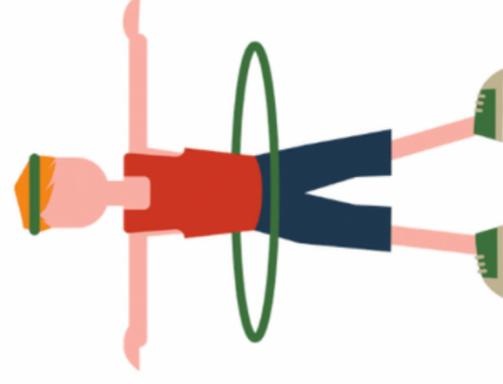
Build with
bricks



Give yourself
a hug



Sing a song



Hula Hoop