

Positive Affirmations



I am
brave



I am
thoughtful



I am
kind



I am
helpful



I am
smart



I am
awesome



I am
loving



I am a
great listener



I am
loved

Positive Affirmations



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Positive Affirmations



I am a
good friend



I am
unique



I am
hard working



I am
compassionate



I care
about others



I like myself
the way I am



I am
funny



I make
others laugh



I am positive
about life

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Positive Affirmations



I am
caring



I am
creative



I am
resilient



I try
my hardest



I love
my life



There is no one
like me



I am
patient



I am
friendly



I am
generous

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Positive Affirmations



I take on
challenges



I am
special



I am
truthful



I am
a leader



I am
forgiving



I reach for the
stars



I keep my
body healthy



I am
joyful



I am
important

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Positive Affirmations



I can
do it



I am
worthy



I am
lovable



I am
confident



I am
amazing



I have great
ideas



I am
peaceful



I am
capable



I can
share

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Positive Affirmations



I am
successful



I can achieve
anything



I love
to learn



I am a
winner



I am
thankful



I am becoming
better every day



I can make
good choices



I am
enough



I can choose to
have an amazing
day

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Positive Affirmations



I forgive myself
for my mistakes



All of my
problems have
solutions



I never
give up



I respect
myself



My feelings
matter



I can ask
for help



My happiness
is important



I am
brave for trying



I can make a
difference

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